

Bethlehem Soccer Club Travel Information

U13 and up

Season:

- U13 and beyond soccer is 11 v. 11 (10 field players and 1 goalkeeper)
- Max roster 22 players (4 alternates, only 18 can dress for a game)
- Ball-Size 5
- Game may not start or continue if there are less than 7 players on a team
- Substitutions are unlimited and can occur at any stoppage
- 2 halves
 - U13 and U14 = 35 minute halves
 - U15 and U16 = 40 minute halves
 - U17 and beyond = 45 minute halves
- 10 minute halftime

Concussion Protocol:

- Deliberate heading is allowed
- The player with the suspected head injury may not return to the game unless a Health Care Professional (HCP) or Certified Athletic Trainer (ATC) has cleared the player
- Any coach or parent insisting on returning the player to the game without approved clearance will result in the referee ending the game

Player Development Philosophy:

Coaches will have age appropriate license

The training-to-game ratio should be 2-3 training sessions per game played

Objectives U13-U19:

- Develop improved skills with the ball
- More Tactical and less Technical coaching
- Promote faster decisions and better awareness
- Develop partnerships within the team

Cost: \$400.00

- Includes Fall season, Winter training once per week and indoor league, Spring season, 1-2 tournaments, subsidized camp cost, fitness training and paid trainers where applicable.
- Uniform kit costs are additional and are purchased usually every two years.

Games: Half are home and half are away

Fall= ~10 games

Winter= ~Training once a week and 1 game on the weekend (usually ~10 games).

Fun and relaxing

Spring= ~8 games

Tournament= minimum of 1 usually Columbus day weekend

Coaches:

- Licensed parent coaches and paid trainers will work with your children to help better develop their skills, techniques, and tactics

